

Appendix 4: Resources - Obtaining Help and Information

ACU Employee Assistance Program

Access Programs Australian	1800 818 728
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ACU Students

ACU Student Counselling Services	
Ballarat	Counselling.Ballarat@acu.edu.au
Blacktown	Counselling.Blacktown@acu.edu.au
Brisbane	Counselling.Brisbane@acu.edu.au
Canberra	Counselling.Canberra@acu.edu.au
Melbourne	Counselling.Melbourne@acu.edu.au
North Sydney	Counselling.NorthSydney@acu.edu.au
Strathfield	Counselling.Strathfield@acu.edu.au
ACU Out of Hours Mental Health Crisis Line: Phone - 1300 638 485 / Text - 0488 884 191	

Alcohol and Drug Information Services and other assistance in each State/Territory

ACT	(02) 5124 9977
NSW	1800 250 015
VIC	1800 858 584
QLD	1800 177 833
Family Drug Support	1300 368 186
Lifeline	13 11 14
NSW SafeWork	13 10 50
Narcotics Anonymous	1300 652 820

Websites

- [Alcoholic Anonymous Australia](#)
- [Al-Anon – Australian contacts](#) - The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems
- [Alcohol!](#): The Australian government's information site for alcohol.
- The Drug Information site of the Victorian Department of Health

[Alcohol and other drug treatment services \(health.vic.gov.au\)](#) **Applications for Temporary Liquor Licence**

[Victorian Commission for gambling and Liquor Regulation](#)

[Service NSW](#)

[Business Queensland](#)

[Access Canberra](#)

[South Australian Government](#)